

## Elite Pathways Strength and Conditioning Coach

### About the Club

Established in 1995, the North Queensland Toyota Cowboys seek to inspire the people of North Queensland with our achievements both on and off the field. The Cowboys are a cornerstone of the North Queensland community and are committed to promoting the interests of our great region.

This role is based in Townsville at the Hutchinson Builders Centre, the new home of the Cowboys, adjacent to Queensland Country Bank Stadium.

### About the role:

The Elite Pathways Strength and Conditioning Coach is responsible for ensuring that our Academy and other elite pathways players have individualised strength and conditioning plans to give them the best opportunity to reach their full potential.

Reporting to the Football Programs Manager and working in conjunction with the Elite Pathways Head Coach and the Head of Performance, this is an integral role that fosters and supports alignment between our pathways programs and the NRL Performance teams, ensuring that our best Young Cowboys are ready to make a seamless transition to the NRL when the time comes.

### Key responsibilities:

- Plan and implement Elite Pathways and Academies strength and conditioning programs
- Foster an engaging high-performance culture that motivates players to seek improvement
- Deliver effective rehabilitation plans for Elite Pathways injured players in conjunction with medical staff
- Support the development and utilisation of technology and systems that produce data to inform decision making
- Document athlete status, performance plans and outcomes
- Support the Elite Pathways Head Coach in the planning and development of Elite Pathways training and visit schedule
- Support Academy coaching sessions in all locations as required

### Qualifications, Skills and Experience Required:

- Degree in sports science or equivalent
- Minimum 3+ years' experience in the professional sporting industry
- Data Management skills including
- Active interest in researching best practice and implementing new approaches as appropriate
- Strong understanding of rugby league and the attributes of successful players
- Ability to provide honest and timely feedback to coaches, players and other key stakeholders as required
- Excellent written, verbal and interpersonal communication skills.
- Ability to build collaborative relationships with staff members across departments throughout the Club

PLATINUM PARTNERS



MAJOR PARTNERS





If you are interested in our position, please submit your resume and a cover letter to [margus@cowboys.com.au](mailto:margus@cowboys.com.au).  
Your Cover Letter should outline:

- What has motivated you to apply for this role;
- how you meet the essential skills, knowledge and qualifications listed above, and
- your salary expectations

All applications **must** include a cover letter highlighting how you meet the essential skills, knowledge and experience listed above. Applications that do not include a cover letter will not be accessed for suitability.

Applications close **5pm, Friday, 26 November 2021.**

If you would like more information about our position, please contact Mellanie Argus, General Manager – People and Culture 07 4773 0747.

*Cowboys Rugby League Football Club is an equal opportunity employer. Aboriginal and Torres Strait Islander applicants are highly encouraged to apply for this position. While we are always happy to hear from our supporters, we ask that only those who fit the stated criteria respond.*

PLATINUM PARTNERS



MAJOR PARTNERS

